



7TH ANNUAL

# Lillian & James Portman Conference *Celebrating Direct Care Workers*

Monday, November 10, 2008 • 9:00 a.m. - 3:30 p.m. • VisTaTech Center, Schoolcraft College, Livonia, Michigan

## Exciting News!

Because of the overwhelming response to last year's conference, we have decided to make this year's program a full-day event! We hope you send a team of staff!

## Who Should Attend?

- Certified nursing assistants
- Personal care assistants
- Home health aides
- Home help providers
- Private duty caregivers
- Activity assistants
- Adult foster care & resident care assistants
- Licensed staff and care managers

**"We can't afford NOT to send our staff."**

*Susan Lamos,*  
Director of  
Life Enrichment,  
LifeHOUSE  
Retirement Properties,  
Grand Rapids, MI

## Why Send Direct Care Staff to this Conference?

- To increase your staff's knowledge and skills in caring for people with dementia and their families.

## Participants will learn:

- Why people who provide direct care need to know about different dementia illnesses and the ways they may affect a person's brain and abilities
- Strategies for communicating with people with dementia
- Causes of behavioral distress and interventions for responding to resistance to care, wandering and aggression
- How to build caring relationships with teammates, persons with dementia and their families
- How to be an advocate for yourself and people with dementia
- Helpful tips for taking care of yourself

## New This Year!

**We would also like to invite licensed staff and care managers including:**

- Nursing home administrators
- Assisted living directors
- Directors of adult day services
- Directors and assistant directors of nursing
- Nurse practitioners
- Front-line nurse managers

- Social workers
- Staff development coordinators & dementia educators
- Occupational & recreation therapists
- Coordinators of specialized dementia care units

Come and hear first-hand about the themes discussed at the conference. There will be a special session for supervisors to look at ways to empower their staff when they come back from the conference with innovative ideas.

## Registration Fee:

Individual Rate: **\$75**

Organizational Rate: **\$65** per person,  
when three (3) or more staff  
from your program register

Nursing assistants and home help providers will receive in-service credits.  
CEUs are only available for adult foster care providers.

## How to Register:

Brochures and registration details will be mailed early in September. Contact Jo Campbell for additional information:

**810.632.5599** or [portman2008@gmail.com](mailto:portman2008@gmail.com)

# SAVE THE DATE

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### Location:

VisTaTech Center, Schoolcraft College,  
18600 Haggerty Road, Livonia, Michigan 48152

### Hosts:

Myrna and Newell Miller  
*Daughter and son-in-law of Lillian and James Portman*

### Sponsored by:

*Optimal* Life Designs

IN DEMENTIA CARE

Innovators in Person-Centered Training & Research

Conference brochure and registration details  
will be available early September.

Contact Jo Campbell for additional information and brochures:  
**810.632.5599** or **portman2008@ymail.com**

Optimal Life Designs in Dementia Care  
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